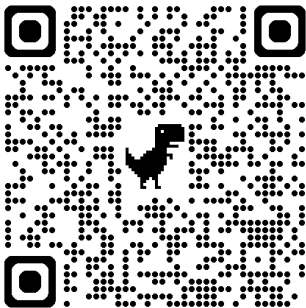
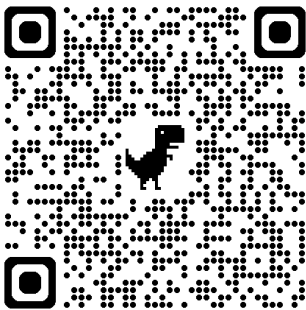


## The Choir on the Couch: Psychology in the Choral Rehearsal

Session Description: At its heart, choral singing is a deeply human activity. During each rehearsal, both intrapersonal and interpersonal factors contribute to the success of the ensemble and each individual in the room. It is important for directors to be cognizant of a variety of research-based psychological ideas to help them maximize their group's potential. Drawing on over 20 years of experience in K-12 and University choral classrooms, as well as more than 15 years teaching AP Psychology, the clinician will discuss applications of social psychology, motivation, learning, emotion, cognition, positive psychology, and neuroscience within the choral rehearsal. A special emphasis will be given to real-world examples and newer research findings.



QR Code for Full Handout



QR Code for Presentation