An Orff-Approach to South Korean Games

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Insa-geut (or "Greeting Rhythm")

- 1. Learn how to say "hello" in Korean both formally and informally.
 - a. Informal way = "Ahn-nyeong"
 - b. Formal way = "Ahn-nyeong ha-seh-yo"
- 2. Wave your hand on "ahn-nyeong" and bow on "ahn-nyeong ha-seh-yo"
- 3. Teach the rhythmic chant:



- 4. Practice waving to different people and bowing while reciting the chant.
- 5. Demonstrate how to walk on the informal hellos then finding and bowing to your chosen partner on the formal hello and high-five each other for the **clap**.
- 6. Introduce yourself to your partner!
- 7. Recite the chant again to find a new partner.
- 8. Repeat this process but include questions to get to know each other.

Frying Pan

- Teach the movement pattern at a steady beat Ex. patsch, clap, thumb right (TR), thumb left (TL) 4 3 2 1
- 2. Ask for fruit suggestions (ex. Strawberry, kiwi, starfruit, pear, etc.)
- 3. Choose a fruit and add them into the movement. Show where they should be said with which movement in coordination with their number.

Ex. Leader says: "Pear 4!" Everyone goes: patsch, clap, TR, TL

"pear, pear, pear, pear"

4. Pre-play the game by chanting the introduction then saying "Pear, 1!" or "Kiwi, 2!" on TR and TL

Ex. Chant introduction, then "Plum, 3!"

TR TL

- 5. Then play the game by saying their name and number, "Jamie 3!"
- 6. The "penalty" will be to have the one who's "out" to leave the circle and play a hand drum at a steady beat.
- 7. Every time someone is "out," then they switch places with the drummer and the previous "out" person joins the game again.
- 8. Add 2-part canon, or hand drum ostinati and frying pan for improvisation

