Arts for Well-Being



Request a free copy of CASMEC: Hip Hop in the Primary Years here:



www.ArtsforWell-Being.org

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Play – Create – Live Well

Our professional learning courses focus on Hip Hop education while incorporating cypher-based and Culturally Sustaining pedagogies. Through music making, collaboration, social-emotional competencies, and culture building, these courses immerse teachers in an authentic, transformative, and playful experience.

Additional information:

- 3-hour and 6-hour PD options.
- Engaging and fun activities for all grade levels.
- Online and pdf curricular resources
- Multi-media tutorials and play-along tracks.

Questions? Email us at: info@ArtsforWell-Being.org