

NAVIGATING THE POST - CREDENTIAL WORLD

CASMEC 2022
FRESNO, CA

Experiences and Advice for Young Teachers

Katie Gilchrist - Peterson Middle School - Santa Clara USD
Ken Nakamoto - William C. Overfelt High School - East Side UHSD
Philip Aduan - Adrian Wilcox High School - Santa Clara USD

Overview

The Interview Process

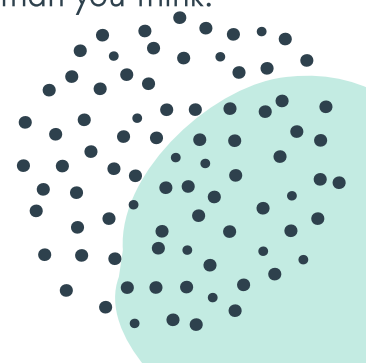
- Applying for Jobs:
 - EdJoin - Your main resource in finding postings for various jobs. (Make sure to be very specific in your search, "music", "orchestra", "choir", "band" etc.)
 - Interview Prep: All different. Mini lesson, student/parent panel, admin only, super, phone call, *new* zoom interview. Ped. Questions, administrative/teacher questions, videos of lessons/of you teaching.

What We Envisioned Vs. Reality

- Reality:
 - It's overwhelming being in control and making THAT many decisions
 - Being a teacher is not like being a student
- Transitioning from Student to Educator:
 - "The Self, the Educator, the Artist" Diagram
- Burnout:
 - Work/life balance
 - Know what you can handle and what you can't when searching for jobs.

What We Wish We Knew

1. It Takes Time: Be patient, if you continue to put in hard work, it will happen.
2. Healthy Boundaries: There will be many challenging situations, make yourself the priority.
3. Administration Tasks: Paper tasks and staying organized will take up more time than you think.



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Mentors

- Find a mentor in your district or your region (find someone who knows the system/school/district you're in). Doesn't have to be another music teacher, good teaching good teaching.
- Your Mentor Teacher is your advocate.
- Go to a CMEA Mentorship program presentation.
- Talk to your local college director.
- Talk to your former teachers. (Case by case basis)

The Value of Professional Development

- CASMEC - Yay! You're here!
- CMEA Section Conferences
- Midwest Clinic
- Summer Workshop(s)
- TMEA

Networking

- William P. Foster Project
- I See You
- Lift Music Fund
- Young String Program
- Institute for Composer Diversity
- Girls Who Conduct
- Athena
- "Subtle Asian Conductors"
- CMEA Mentorship Program
- Listen Up!
- Talk to composers! Go to conferences and network with new composers!



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Resources

1. Readings

- Habits Series by Scott Rush
- Dare to Lead by Brené Brown
- Onward: Cultivating Resilience in Teachers by Elena Aguilar
- The Artistry of Teaching and Making Music by Richard Floyd
- Beyond the Horizon Erik Kar Jun Leung
- Flow: The Psychology of Optimal Experience- Mihaly Csikszentmihalyi
- The Rest is Noise- Alex Ross
- Upstream: How to Solve Problems Before They Happen - Dan Heath
- The First Days of School (Harry & Rosemary Wong)
- Books that reflect you and your identity. Don't know your identity ? That's Step 1

2. Podcasts

- Ic2us
- After Sectionals
- Tales from the Band Room
- The Global Band Room
- AMusEd
- Everything Band

Email us if you have any questions!

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