



***New Routes to  
Creativity Through  
Movement***

**Presented by**

**Dr. Emily Mason**

**California All-State Music Educators Conference**

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## Today's Session

*What do we know about Music and Movement?*

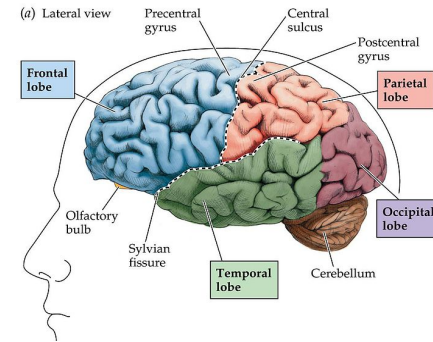
*How do I include Movement into my classroom?*

*What type of activities do I include?*

*How is this Relevant to My Students?*

# What do we know about Music and Movement?

## Whole-Brain and Whole-Body Experience



## Learning Modalities

### Kinesthetic Learners



## The 21<sup>st</sup> Century Student

# *How do I include Movement into my classroom?*

## A. Pedagogies and Approaches to teaching Movement

1. Dalcroze, Orff, Music Learning Theory, Weikart
2. Music Textbook Series
3. Recognition of Developmental Stages

## B. Build a Movement Vocabulary

1. Age Appropriate Terms that evoke imagination (What if...)
2. Age appropriate non-locomotor/locomotor movements

## C. Creating Sequential Steps (Teacher Model-Student Model- Student Initiator)

1. Engage (singing, playing, moving)
2. Enable (singing, playing, moving, responding)
3. Extend (singing, playing, moving, responding, creating, connecting)

# *What type of activities do I include?*

## A. Teacher as Model & Students copy

1. Movements are simple, involving 1-2 body parts, non-locomotor, no reference to specific side of the body.
2. Movements are simple, involving 1-2 body parts, locomotor, no reference to specific side of the body.
3. Describe the movements
4. Problem Solve (Create) with Movement  
*(How could we....., What if.....)*

## B. Exploring Space with Movement (Teacher Model-Student Model-Student Initiator)

1. Personal Space
2. General Space
3. Include Levels- Low, Middle, High

### C. Integrated Movement

1. Two different areas of the body (same side and opposite side)
2. Folk Dances (layering)

### D. Movement with Objects (Teacher Model-Student Model- Student Initiator)

1. Balls
2. Rhythm instruments
3. Scarves, parachute, stretchy band

### E. Creativity in Movement

1. Problem Solving (taking the familiar to something new)
2. Representing (appropriate for younger children, engages imagination, *move as if...*)
3. Creativity with Handheld Objects
4. Choreography & Common Beat (Sequences of movement)

Kindergarten/ 1<sup>st</sup> Grade



2<sup>nd</sup> Grade





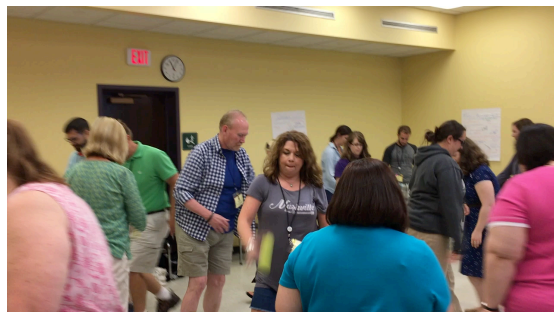
3<sup>rd</sup>/4th Grade



**5<sup>th</sup>/6<sup>th</sup> Grade**



**Choir/Band**



# Notes

## Activities

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## Terminology

locomotor  
contralateral  
ipsilateral

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## Sequence

1                      2                      3

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# *Notes continued..*

**Developmental  
Indicators &  
Readiness for  
learning**

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**Relevancy in  
my own  
classroom**

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## Resources

American Orff Schulwerk Association <http://aosa.org/about/more-on-orff-schulwerk/#section>

Campbell, P. S., & Scott-Kassner, C. (2014). *Music in childhood: From preschool through the elementary grades*. Boston, MA: Schirmer.

Dalcroze Society of America <http://www.dalcrozeusa.org/>

Ferguson, L., (2005). The role of movement in elementary music education: A literature review. *Update: Applications of Research in Music Education*, 33(Spring-Summer) 23-33.

Findlay, E., (1995). *Rhythm and movement: Applications of Dalcroze eurhythmics*. Miami, FL: Summy-Birchard, Inc.

Mason, E., (2014). Sing, play, and create: All in 20 Minutes! *General Music Today*, 28(1) 3–7.

Mead, V. H., (1994). *Dalcroze eurhythmics in today's classroom*. Ann Arbor, MI: Schott.

MENC–The National Association for Music Education. (1994). *The school music program: A new vision*. Reston, VA: MENC.

Organization of American Kodály Educators website at [www.oake.org](http://www.oake.org)

Palmer, H., (1983). *Songs to Enhance The Movement Vocabulary Of Young Children*. University of California Los Angeles. Masters Degree Thesis.

Peterson, C. W., & Madsen, C. K. (2010). Encouraging cognitive connections and creativity in the music classroom. *Music Educators Journal*, 97, 25-29.

Weikart, P. S. (2006). *Teaching movement & dance: A sequential approach to rhythmic movement*. Ypsilanti, MI: Highscope Press, 19-23.

*Thank you for coming today!*

**Song selections from today are listed on the following page. If you would like to contact me in the future, my information is below.**

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## *Song Selections Used in Today's Session*

<u>Title</u>	<u>Composer</u>
Aquarium (Carnival of the Animals)	Camille Saint-Saens
Aviary (Carnival of the Animals)	Camille Saint-Saens
Dancin' in the Moonlight	King Harvest
Diva Dance Opera from The Fifth Element	Eric Serra
Fairy Dance (from Peter Pan Soundtrack)	James Newton Howard
Happy	Pharrell Williams
Syncopated Clock	Leroy Anderson
Tuxedo Junction	Hawkins, Johnson, Dash & Feyne
Sunny	Bobby Hebb/ Perf by Ella Fitzgerald
Ease on Down the Road	Charlie Smalls
Mahoney's Debut	Alexandre Desplat
Peat Fire Flame (Scottish Melody)	Phyllis Weikart Book
Rakes of Mallow (Irish Melody)	Phyllis Wiekart Book
Troika (Russian Melody)	Phyllis Wiekart book)